

# **LUNCH** *MENU* WED 16 OCT

## **SANDWICHES**

### **Honey Roast Ham**

with lettuce, tomato and mustard mayonnaise

### **Chickpea Falafel** ve

with spinach and harissa pesto

## **SALADS**

### **Smoked Salmon**

with bulger wheat & spelt grain, broccoli, kale,  
toasted seeds, tumeric & ginger dressing

### **Charred Courgettes & Smoked Beets** ve

with watermelon, orange, ratte potatoes  
and dill mayonnaise

## **SERVED WITH**

Artisan Crisps, Berry Yoghurt,  
Double Chocolate Brownie